

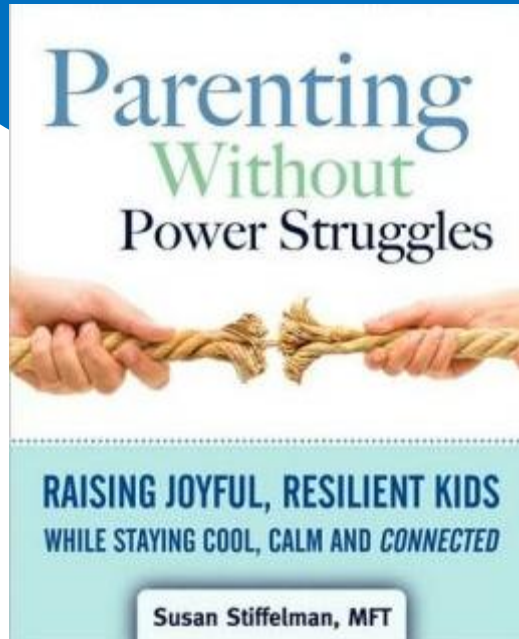
**El Rincon**  
**PTA**  
everychild.one voice.®

presents

# PARENT EDUCATION NIGHT

6:00 pm · April 22, 2014

Child care & refreshments provided



## Parenting Without Power Struggles

Family therapist Susan Stiffelman has shown thousands of parents how to be the cool, confident “Captain of the ship” in their children’s lives. Based on her successful practice and packed with real-life stories, Susan shares proven strategies and crystal clear insights to motivate kids to cooperate and connect.

### You’ll discover how to:

- Transform frustration and aggression into adaptation and cooperation
- Keep your cool when your kids push your buttons, talk back or refuse to “play nice”
- Nourish deep attachment with young and older kids
- Inoculate your kids from negative thinking and peer pressure that lead to anger, anxiety, depression, or behavior issues
- Help children manage emotional challenges

Featured on the *Today Show*, Susan Stiffelman is an internationally respected parent educator, therapist, author and parenting expert. She is known for her down to earth, parent-friendly advice on raising cooperative, connected and capable children.



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